

You are Invited to A Virtual Health Fair for SUSD High School Students!

Teen-Focused Wellness Workshops:

- 🍃 Mental Health
- ★ Suicide Prevention
- ♥ Healthy Relationships
- 🌸 Youth Voice
- 🚫 Vaping Prevention
- 🎨 Virtual Paint Party

Attend 3 Workshops & You are Entered in the Drawing for a Bike, Earbuds, and Other Prizes!

Get your Free Swag Bag by Registering Here:

<http://bit.ly/susdweekofwellness>



APRIL 27-30

2:30-3:30PM

Sponsored by SUSD's Tobacco Use Prevention Program, SUSD's Wellness Centers, Delta Health Care.

Workshops provided by SUSD Mental Health & Behavior Support Services, SUSD Student Support Services, SUSD PLUS Program, Child Abuse Prevention Council, Community Medical Centers.

Keynote Speaker

Social emotional health expert **Dr. Julia Garcia** is leading a generation of young voices to speak up, stand up, and rise up TOGETHER.

With her infectious energy and spoken word poetry, she creates a space for teens to realize they are never alone and their voices matter.

